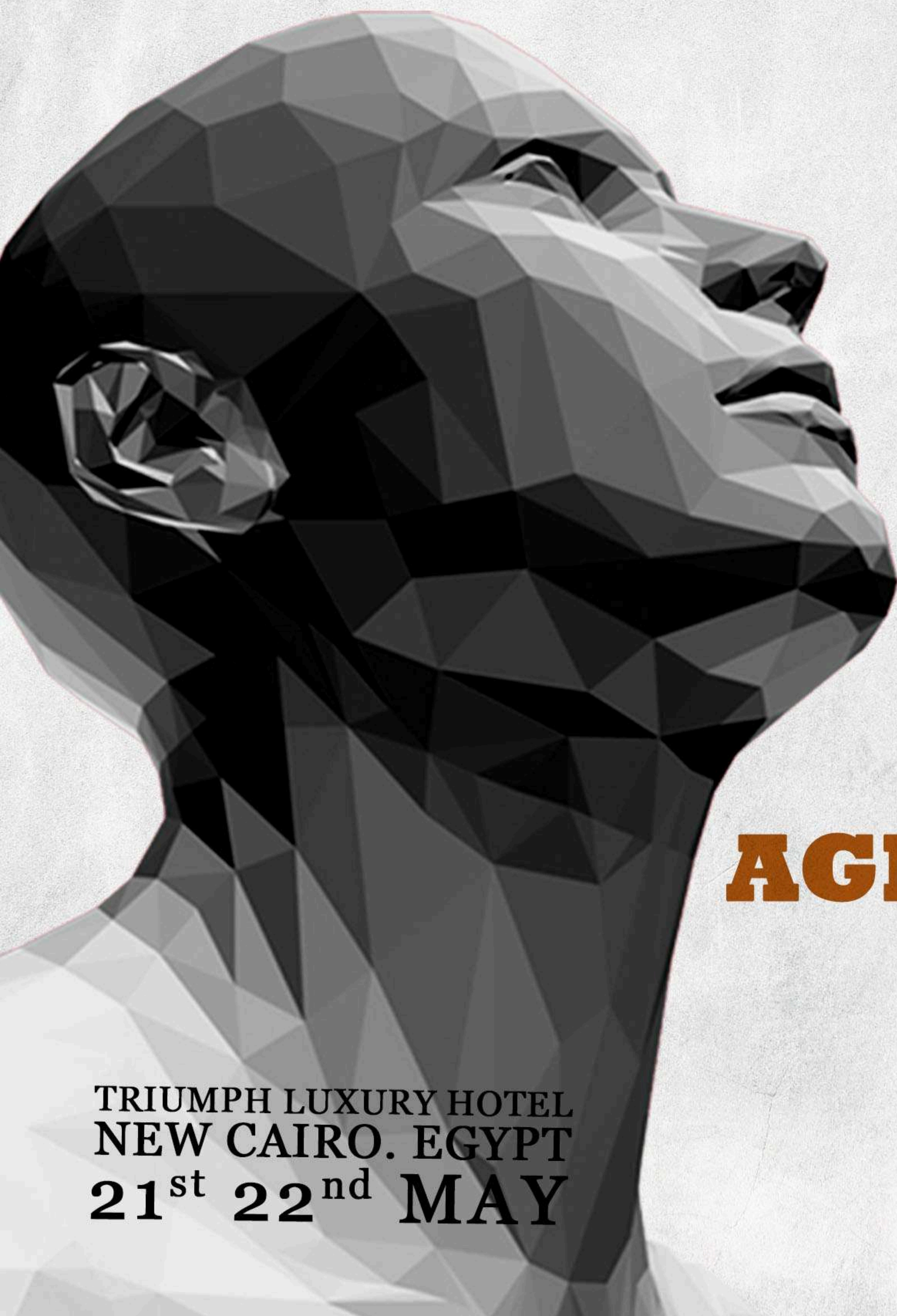


# MEPRAS

MIDDLE EAST PLASTIC, RECONSTRUCTIVE &  
AESTHETIC SURGERY TRAINING  
CONGRESS



## AGENDA

TRIUMPH LUXURY HOTEL  
NEW CAIRO. EGYPT  
21<sup>st</sup> 22<sup>nd</sup> MAY





# MEPRAS

MIDDLE EAST PLASTIC, RECONSTRUCTIVE &  
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CONGRESS



## WELCOME TO MEPRAS 2025

It is with great excitement that we welcome you to MEPRAS Middle East 2025

craftsmanship, progress, and passion in Plastic, Reconstructive, and Aesthetic Surgery

This year's gathering is more than a scientific event — it's a hands-on journey through ten dynamic workshops, each curated to challenge, inspire, and elevate surgical performance and Aesthetic practice. From delicate facial procedures to complex microsurgical and Aesthetic techniques, MEPRAS is a space for those who believe in doing more than keeping up — it's for those who lead innovate, and refine their art with intention.

Thank you for joining a growing movement that values excellence over routine and precision over repetition. Let this experience be one that ignites ideas, forms lifelong connections, and takes your skill to the next level.

## OUR VISION

MEPRAS exists to reshape the landscape of surgical education and

Aesthetic Practice in the Middle East — not by following global trends, but by setting them

We envision a future where regional surgeons are not just participants in global discourse but pioneers of it — developing original techniques, leading groundbreaking research, and mentoring the next wave of innovators

By anchoring education in real-time, high-impact training and surrounding it with mentorship, integrity, and curiosity, MEPRAS is building a legacy that extends far beyond the operating room one that transforms people, practices, and possibilities.



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## NATIONAL BOARD



**Ahmed Ali Hassan**  
HONORARY PRESIDENT



**Ahmed Hweidi**  
SCIENTIFIC DIRECTOR & PRESIDENT



**Ahmed Elshahat**  
EXECUTIVE BOARD MEMBER



**Aly Hussein**  
EXECUTIVE BOARD MEMBER



**Hossam Tahseen**  
EXECUTIVE BOARD MEMBER



**Ahmed Taalab**  
EXECUTIVE BOARD MEMBER



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## GUEST SPEAKERS



Paul McArthur  
GUEST OF HONORARY



Huseyin Kandulu



Konstantinos Benetatos



Osama Samargandi



Ayman Jaber



Amir Mrad



Donald Lalonde



Marc Mani



Sidney Starkman



Neil Bulstrode





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## SCIENTIFIC PARTNERS

- Plastic Burn & Maxillofacial  
Surgery Departement  
Ain Shams University



- Ain Shams University  
Specialized Hospital





**MEPRAS**  
MIDDLE EAST PLASTIC, RECONSTRUCTIVE &  
AESTHETIC SURGERY TRAINING

**77**  
Credit hours



**DON'T MISS**  
**TO GET YOUR CERTIFICATE**  
FOR MEPRAS COURSES



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CONGRESS



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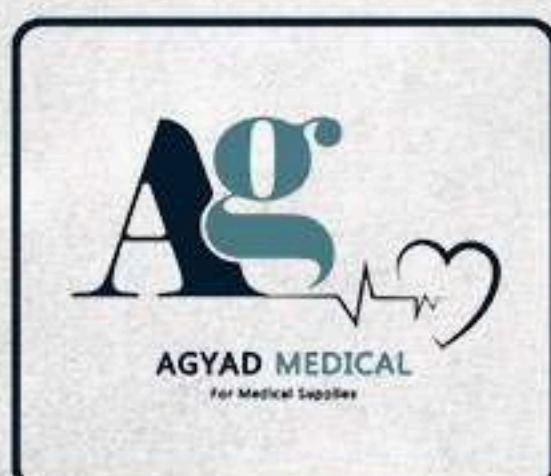
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MIDDLE EAST PLASTIC, RECONSTRUCTIVE &  
AESTHETIC SURGERY TRAINING  
CONGRESS



## 21 MAY WEDNESDAY WORKSHOP

9:00 - 5:00 PM

- Liverpool Flexor Tendon Surgery
- HD Liposculpture
- Microsurgery 101
- Perfection in Rhinoplasty
- Safe Aesthetic Injections

## 22 MAY THURSDAY WORKSHOP

9:00 - 5:00 PM

- Face Lift redefined
- Peripheral nerve surgery
- Ear Carving
- Fat Transfer
- Hair Restoration

9:00 - 5:00 PM

## 23 FRIDAY MAY LIVE SURGERY

- Perfection in Rhinoplasty
- HD Liposculpture
- Face Lift Redefined



21-22-23 MAY  
2025

*Beyond Traditional Learning*



TRIUMPH LUXURY HOTEL  
NEW CAIRO .EGYPT



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MIDDLE EAST PLASTIC, RECONSTRUCTIVE &  
AESTHETIC SURGERY TRAINING  
CONGRESS

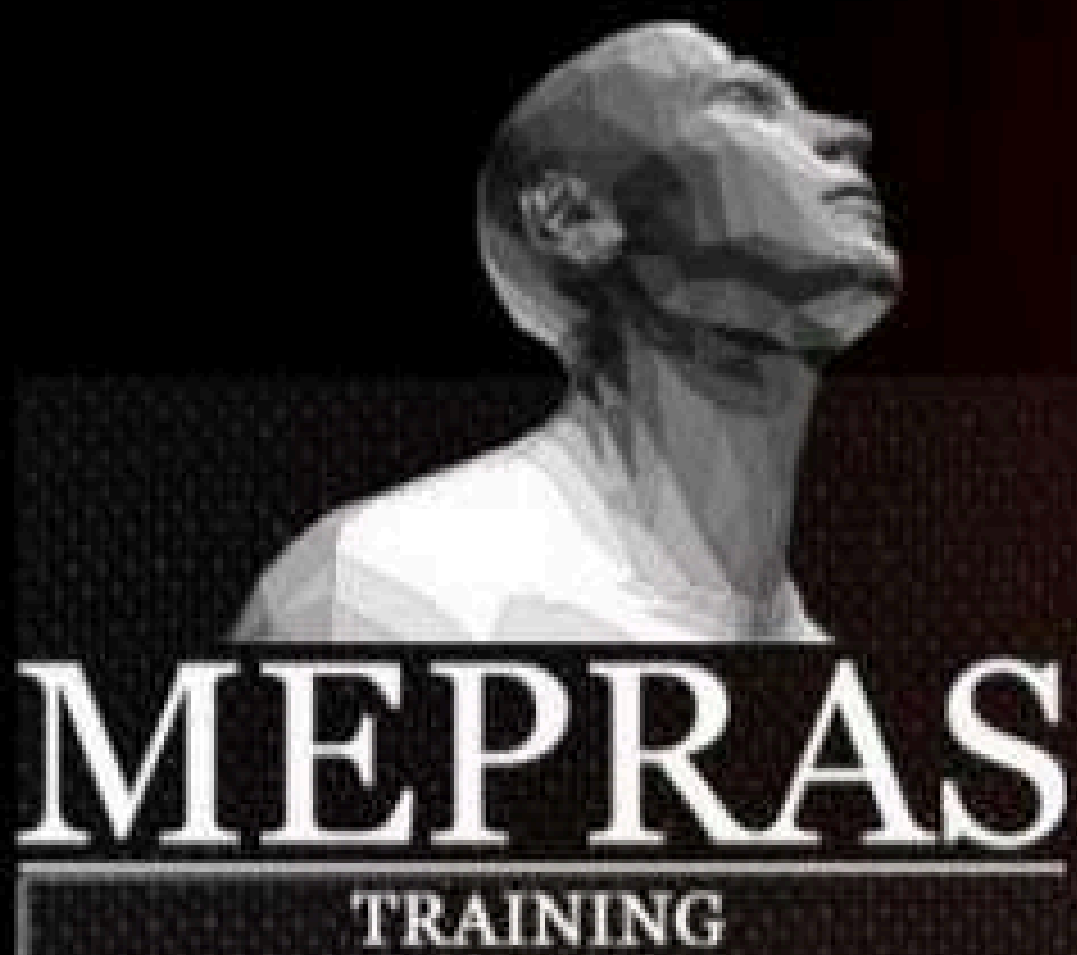


# 21 *MAY* *WEDNESDAY* **WORKSHOP**

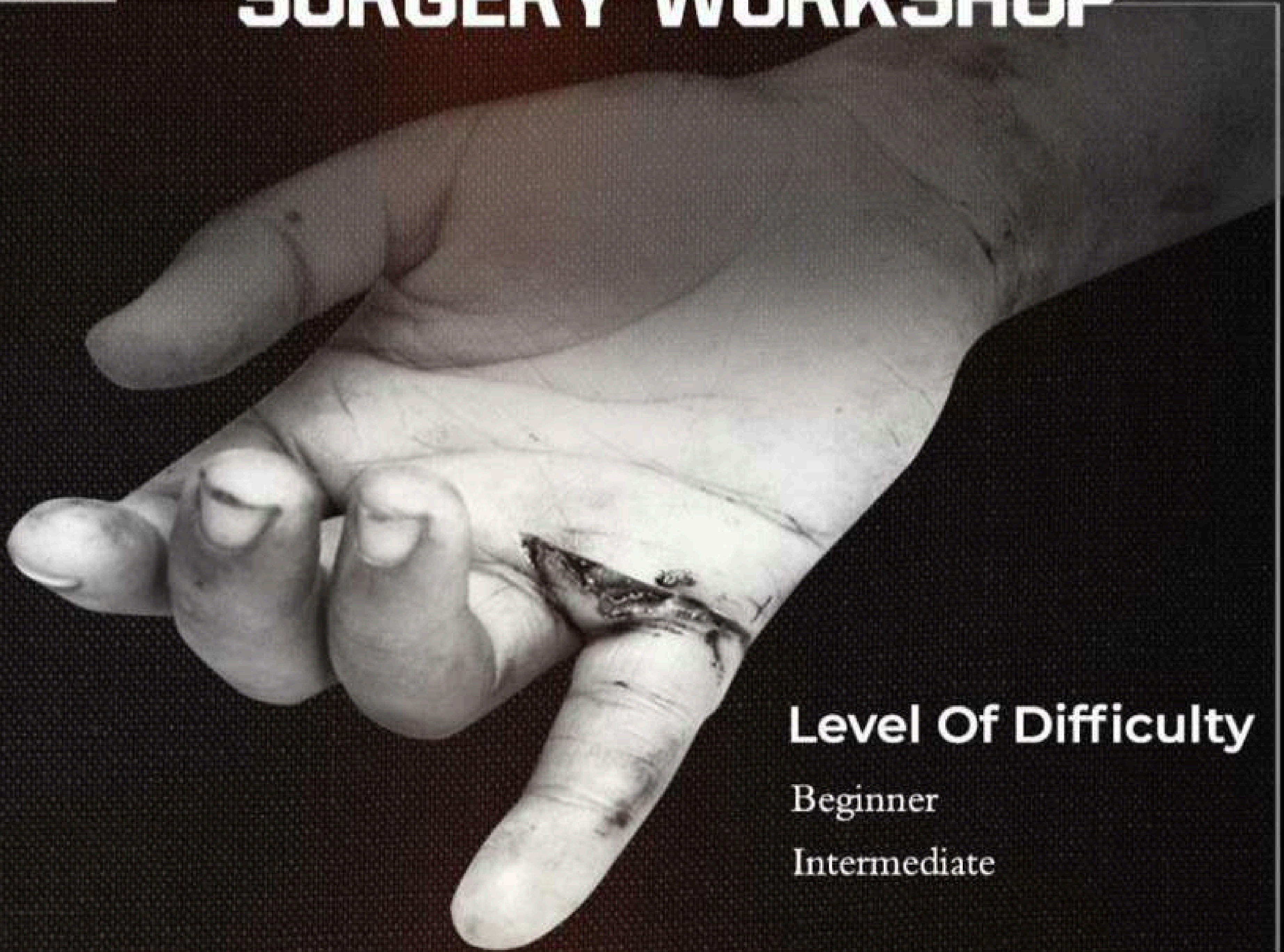
- Liverpool Flexor Tendon Surgery
- HD Liposculpture
- Microsurgery 101
- Perfection in Rhinoplasty
- Safe Aesthetic Injections (SAI<sup>®</sup>)

**9:00 - 5:00 PM**





# LIVERPOOL HANDS-ON FLEXOR TENDON SURGERY WORKSHOP



## Level Of Difficulty

Beginner

Intermediate

**THIS WORKSHOP WILL PROVIDE TRAINING ON TECHNICAL SKILLS REQUIRED TO PERFORM AN ADEQUATE FLEXOR TENDON SURGERY IN A PRACTICAL AND SMOOTH STEPWISE FASHION, USING SYNTHETIC MODELS AND DEVITALIZED ANIMAL TISSUES SIMULATING LIVE SURGERY**

### Target participants

- Junior Plastic Surgery Residents
- House officers interested in plastic surgery
- Specialists in Plastic Surgery
- Orthopaedics who want to refine their Operative skills in Hand surgery
- Specialists & Consultants who require basic plastic surgery skills





## LIVERPOOL FLEXOR TENDON HANDS-ON WORKSHOP DAY 1 21<sup>st</sup> OF MAY

### DESCRIPTION

This specialized workshop equips hand surgery trainees with essential skills in flexor tendon repair, a core procedure in all plastic surgery units. Utilizing synthetic models and devitalized animal tissues, the program delivers step-by-step training to simulate live surgery. Minimal lectures ensure maximum hands-on practice, allowing participants to refine their surgical dexterity and master fundamental techniques. Developed collaboratively by Ain Shams University and The University of Liverpool Hospitals in 2011, this workshop continues to enhance surgical expertise and optimize patient outcomes.

### MODERATORS

Adel Hussien  
Mohamed Osama

### FACULTY

Ahmed Hweidi  
Ahmed Sadek  
Adel Hussien  
Dalia Ezz Eldeen  
Donald Lalonde  
Paul McArthur  
Khaled Reyad  
Mohamed Osama



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AESTHETIC SURGERY TRAINING  
CONGRESS



TIME	PROGRAM	FACULTY
8:00-8:50AM	Registration and Welcome Coffee	
8:50-9:00AM	Welcome, Overview, Objective, Takeaway Keys	Ahmed Hweidi
9:00-9:20AM	Anatomy and Diagnosis	Mohammed Osama
9:20-9:40AM	Types of Repair(What, When, Why)	Ahmed Hweidi
9:40-10:00AM	<b>Key Note Lecture:</b> Flexor tendon Surgery(UK Experience)	Paul McArthur
10:00-10:25AM	Updates in Flexor Tendon Surgery	Ahmed Sadek
10:25-10:45AM	Rehabilitation	Dalia Ezz Eldeen
<b>Hands-On 1</b>		
10:45-11:45AM 11:45-12:45PM	•Silicon Rod Repair •Isolated Real Tendon	Ahmed Hweidi Mohamed Osama
12:45-1:30PM	COFFEE BREAK	



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MIDDLE EAST PLASTIC, RECONSTRUCTIVE &  
AESTHETIC SURGERY TRAINING  
CONGRESS



TIME	PROGRAM	FACULTY
1:30-2:00PM	Marking, Exposure and Retrieval (Principles and Operative Techniques)	Adel Hussien
Hands-On 2:		
2:00-2:50PM 2:50-3:30PM 3:30-4:00PM	<ul style="list-style-type: none"> <li>• Marking and Exposure</li> <li>• Tendon Retrieval</li> <li>• Repair insitu and TestGliding</li> </ul>	Adel Hussien Khaled Riyad Mohammed Osama
4:00-4:20PM	<b>Keynote Lecture</b> Tips and Tricks to get better Results in Flexor Tendon Surgery <u>(Virtual)</u>	Donald Lalonde
4:20-4:40PM	Complications and Secondary Procedures	Khaled Riyad
4:40-4:50PM	Round Table/Panel Discussion/ Q&A	All Faculty
4:50-5:00PM	Closing Remarks and Certificates	All Faculty
5:00PM	LUNCH	





**MEPRAS**  
TRAINING

# MICROSURGERY 101 WORKSHOP

**THIS ONE-DAY HANDS-ON MICROSURGERY WORKSHOP EQUIPS BEGINNERS WITH ESSENTIAL KNOWLEDGE AND SKILLS FOR STARTING THEIR MICROSURGERY CAREERS. LEARN KEY CONCEPTS, INCLUDING MICROSCOPE HANDLING, USE OF SPECIALIZED INSTRUMENTS AND MICRO THREADS, MICRO SUTURING ON HIGH-QUALITY SIMULATORS. AT THE END OF THE DAY YOU SHOULD BE ABLE TO PERFORM SUCCESSFUL END-TO-END AND END-TO-SIDE VASCULAR ANASTOMOSIS.**



## TARGET PARTICIPANTS

- Plastic Surgery Trainees
- Vascular surgery Trainees
- Organ Transplant surgeons Trainees
- Orthopedics Trainees
- Cardiothoracic surgery Trainees

## LEVEL OF DIFFICULTY

- Beginner



## MICROSURGERY 101 WORKSHOP HANDS-ON WORKSHOP DAY 1 21<sup>st</sup> OF MAY

### DESCRIPTION

This one-day, hands-on Microsurgery 101 Workshop is designed to provide you with the foundational skills and knowledge needed to begin your microsurgery career. Learn the essential concepts of handling your microscope for magnification, using specialized instruments and micro threads, performing micro suturing on high-quality synthetic simulators, and mastering end-to-end vascular anastomosis techniques.

### MODERATORS

Ahmed Gad  
Ahmed Hweidi

### FACULTY

Ahmed Gad  
Ahmed Hweidi  
Ayman Shaker  
Konstantinos Benetatos  
Mohamed Ouf  
Osama Ayoub  
Rafaat Anany  
Wael Ayad  
Yehia Zakaria



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AESTHETIC SURGERY TRAINING  
CONGRESS



TIME	PROGRAM	FACULTY
8:00-9:00AM	Registration and Welcome Coffee	
9:00-9:10AM	Welcome, Overview, Objective, Takeaway Keys	Ahmed Hweidi
9:10-9:20AM	Adjusting Microscope, brief on instruments and Microsuturing	Ahmed Gad Osama Ayoub
9:20-9:30AM	<b>Demo:</b> Basic Microsuturing on Latex Sheets	Ahmed Gad
9:30-9:50AM	Hands-On 1: Basic Micro-suturing on Latex Sheets	All Faculty
9:50-10:00AM	<b>Demo:</b> Basics Of End to End Anastomosis	Osama Ayoub
10:00-11:00AM	Hands-On 2 •Arterial End to End Anastomosis on Simulated Silicon Arteries •Testing Repair	All Faculty
11:00-11:10AM	<b>Demo:</b> Basics of Arterial End to End Anastomosis	Ahmed Hweidi
11:10-12:10PM	Hands-On 3 •Arterial End to End Anastomosis on Real Devitalised Animal Arteries •Testing Repair	All Faculty
12:10-12:30PM	<b>Keynote Lecture:</b> From Zero to Hero: How to Become a Microsurgeon	Konstantinos Benetatos



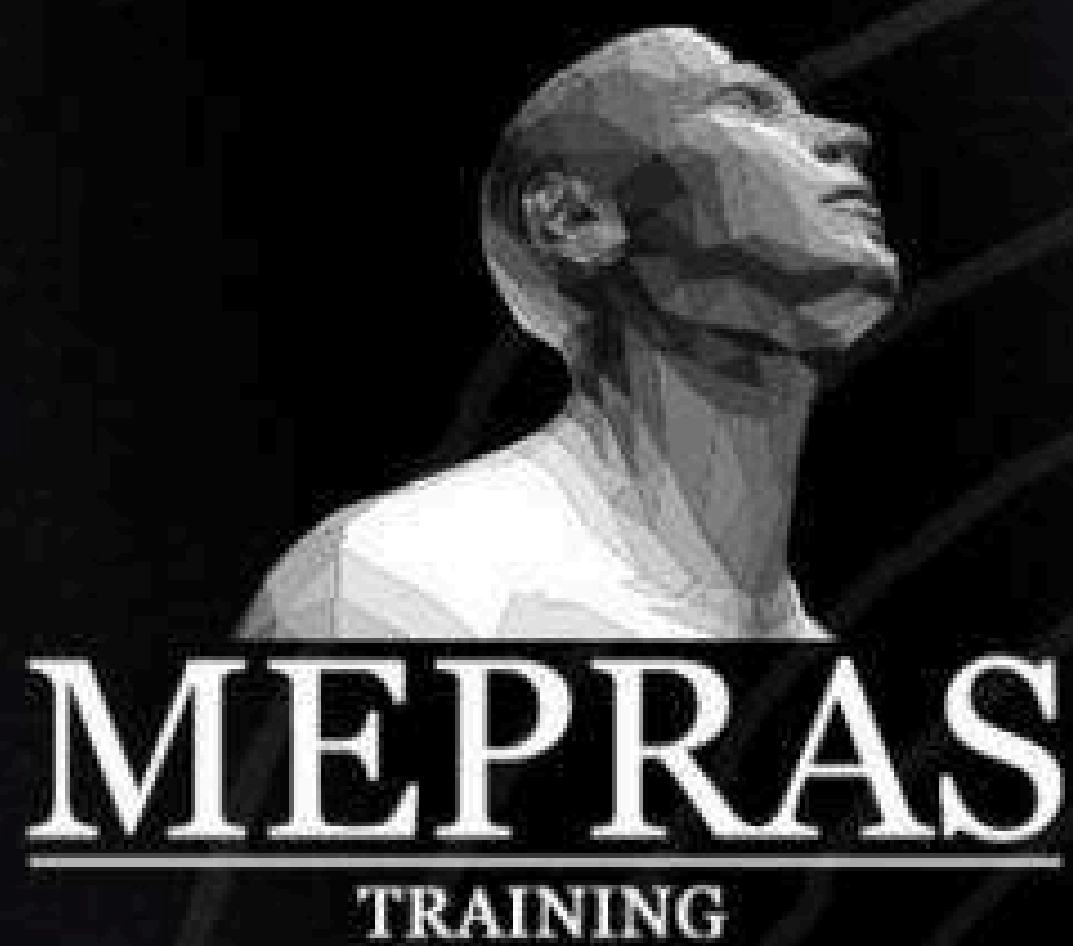
# MEPRAS

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AESTHETIC SURGERY TRAINING  
CONGRESS



TIME	PROGRAM	FACULTY
12:30-12:45PM	Common Flaps In Microsurgery •Antro Lateral Thigh Flap	Ayman Shaker
12:45-1:30PM	COFFEE BREAK 	
1:30-1:45PM	<b>Demo:</b> Basics of Venous Repair	Ahmed Gad
1:45PM-2:30PM	Hands-on 4 Vein Anastomosis on Simulated Silicon Soft Vessel	All Faculty
2:30-2:45PM	Common Flaps in Microsurgery •Latissimus Dorsi	Yehia Zakaria
2:45-3:00PM	<b>Demo:</b> Arterial End to Side Anastomosis	Mohamed Ouf
3:00-4:00PM	Hands-On 5 •Arterial End to Side Anastomosis on Simulated Silicon Vessel •Testing Repair	All Faculty
4:00-4:15PM 4:15-4:30PM	Common Flaps in Microsurgery: •Radial Forearm Flap •Free Fibular Flap	Rafaat Anany Wael Ayad
4:30-4:50PM	Round Table/Panel Discussion/ Q&A	All Faculty
4:50-5:00PM	Closing Remarks and Certificates	All Faculty
5:00PM	LUNCH 	





# SAFE AESTHETIC INJECTIONS-SAI-WORKSHOP

THIS DYNAMIC ONE-DAY WORKSHOP PROVIDES AN EXCEPTIONAL OPPORTUNITY FOR HOUSE OFFICERS AND EMERGING AESTHETIC PRACTITIONERS TO CULTIVATE ESSENTIAL SKILLS IN AESTHETIC INJECTIONS AT THE OUTSET OF THEIR CAREERS. ALL CANDIDATES WILL BE ABLE TO PRACTICE ON SYNTHETIC MODELS SIMULATING REALITY, AND WATCH EXPERTS INJECTING REAL PATIENTS.



## Level Of Difficulty :

Beginner

Intermediate

## Target Participants:

- Emerging Plastic Surgeons
- Aspiring Dermatologists
- Dentists & Maxillofacial Surgeons
- General practitioners with a passion for Aesthetic Medicine
- Specialists and Consultants from diverse disciplines





## SAI HANDS ON WORKSHOP DAY 1 21<sup>st</sup> OF MAY

### DESCRIPTION

This dynamic one-day workshop provides an exceptional opportunity for house officers and emerging aesthetic practitioners to cultivate essential skills in aesthetic injections at the outset of their careers. The course uniquely emphasizes hands-on training, offering a safe environment guided by leading experts in the aesthetic and anti-aging fields. Participants will leverage cutting-edge ultrasound technology—an innovative advancement in the industry—to enhance their practical experience and ensure the safety of every technique taught.

The curriculum covers a comprehensive range of topics, including anti-aging procedures, filler injections, neuromodulators, and the various aspects of facial aesthetics. Additionally, it highlights the integral role of lasers and devices in the anti-aging landscape. This workshop not only prepares trainees for more advanced

### MODERATORS

Ahmad El Sherif  
Basim Zaki

### FACULTY

Ahmad El Sherif  
Ahmed Hweidi  
Basim Zaki  
Hossam El Enany  
Mohamed Mongy  
Noor El Banna  
Sara El Toukhy  
Shady Ismail



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AESTHETIC SURGERY TRAINING  
CONGRESS



TIME	PROGRAM	FACULTY
8:00-9:00AM	Registration and Welcome Coffee	
9:00-9:05AM	Welcome, Overview, Objective, Takeaway Notes	Ahmed Hweidi
9:05-9:30AM	ANATOMY AND PRINCIPLES Face and Beyond: a precise Anatomical Guide for Safe Aesthetic Practice (Part of Art of Beautification Masterclass)	Shady Ismail
9:30-9:45AM	Dentofacial Assessment (Case Based)	Sara El Toukhy
9:45-10:00AM	TOXINS Anatomy Guided Precision, Botulinum Toxin (upper face)	Hossam El Enany
10:00-10:15AM	Lower Face Toxins: Bocouture; Smart Lower Face Myomodulation	Mohamed Mongy
10:15-10:30AM	The Harmony of Facial Dynamics	Ahmad El Sherif
10:30-11:00AM	<b>LIVE DEMO</b> Upper Face Botulinum toxin Lower Face Botulinum toxin	Hossam El Enany Mohamed Mongy
11:00-11:30 AM	Hands-On: Botulinum Toxins (Upper and Lower Face)	ALL FACULTY
11:30-12:00PM	FILLERS Applied Anatomy and Safe HA Fillers techniques for Upper, Mid and Lower Face 1. Tear Trough 2. Temple 3. Nasolabial Fold 4. Cheeks 5. Lips 6. Jawline	Ahmad El Sherif
12:00-12:30PM	<b>LIVE DEMO: HOLISTIC FILLER APPROACH</b>	Basim Zaki
12:30-12:45PM	<b>LIVE INJECTION</b> (HA Filler)	Ahmad El Sherif



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CONGRESS



## TIME

## PROGRAM

## FACULTY

12:45-1:30PM

COFFEE BREAK



1:30-3:00PM

Hands-On: fillers

- Cheeks
- Temple
- Tear Trough
- Nasolabial Fold
- Chin
- Jawline
- Lips

All Faculty

3:00-3:30PM

Ultrasound Excellence In Aesthetics:  
Step into The Future of Aesthetics in  
collaboration with GE

Noor El Banna

3:30-4:00PM

Hands-On:  
Application of Ultrasound on Injectables  
Noor Albanna

Noor El Banna

4:00-4:20PM

Skin Boosters and Biostimulators

- RRS Long Lasting: the Ultimate Skin Builder
- Skin Boosters

Mohamed Mongy

4:20-4:30PM

Beyond Syringes

Ahmed Hweidi

4:30-4:50PM

Panel Discussion

All Faculty

4:50-5:00PM

Closing and Certificates

All Faculty

5:00PM

LUNCH







# PERFECTION IN RHINOPLASTY

## HANDS-ON WORKSHOP

**A COMPREHENSIVE STRUCTURAL  
RHINOPLASTY WORKSHOP FEATURING  
VIDEO PRESENTATIONS, INTERACTIVE  
DISCUSSIONS WITH EXPERTS, AND  
HANDS-ON EXERCISES COVERING ALL  
THE KEY STEPS OF RHINOPLASTY,  
INCLUDING THE USE OF ULTRASONIC  
TECHNOLOGY AND PIEZO-GUIDED  
TECHNIQUES**

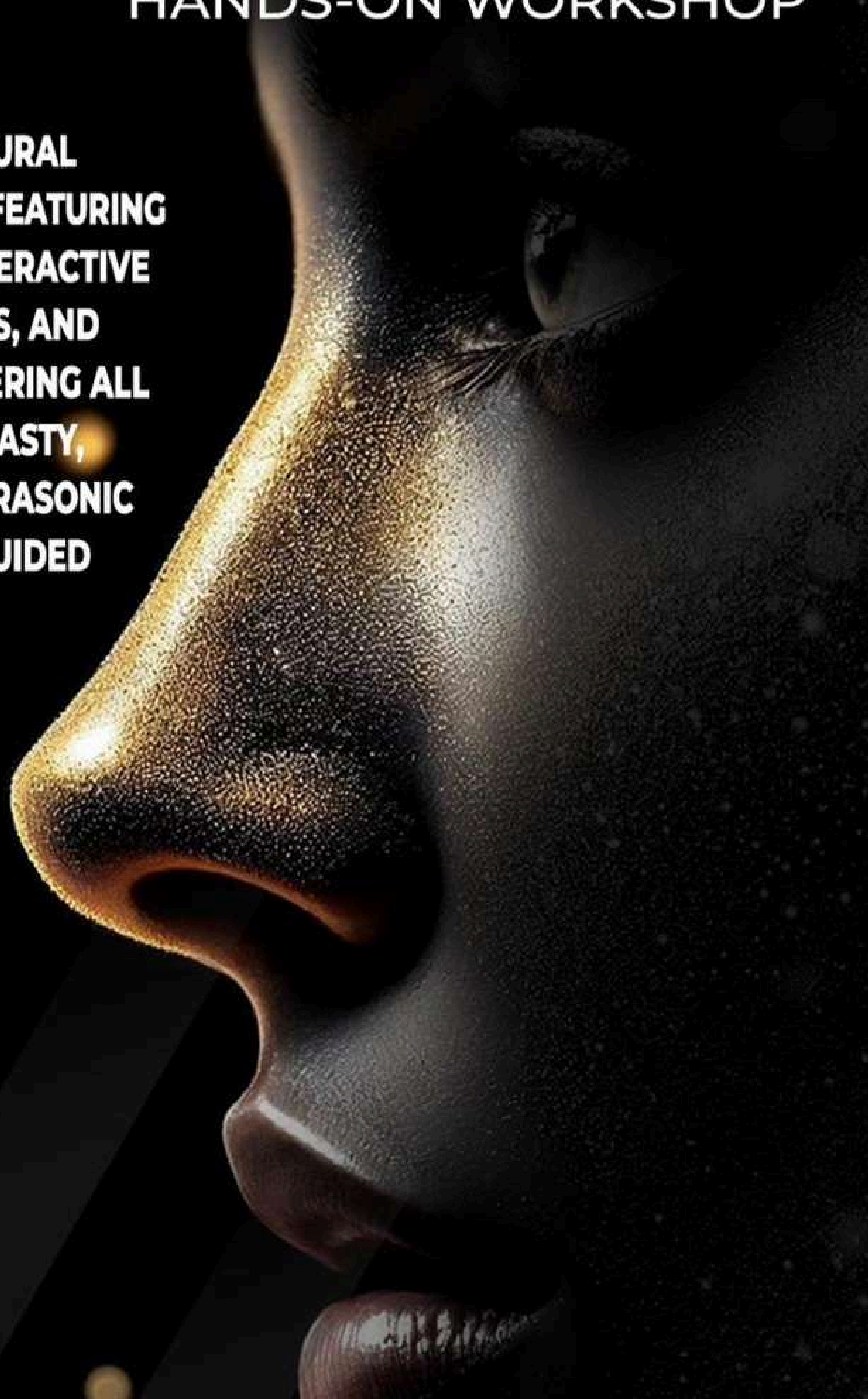
### **Level Of Difficulty**

Intermediate

Advanced

### **Target Participants**

- Plastic Surgery Trainees
- ENT Surgery Trainees





## PERFECTION IN RHINOPLASTY HANDS-ON WORKSHOP DAY 1 21<sup>st</sup> OF MAY

### DESCRIPTION

A comprehensive structural rhinoplasty workshop featuring video presentations, interactive discussions with experts, and hands-on exercises covering all the key steps of rhinoplasty, including the use of ultrasonic technology and piezo-guided techniques

### MODERATOR

Mohammed Abdulmohsen

### FACULTY

Amir Mrad  
Ayman Jaber  
Khaled Sami  
Mohammed Abelkader  
Mohammed Amin  
Mohammed Abdulmohsen



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AESTHETIC SURGERY TRAINING  
CONGRESS







TIME	PROGRAM	FACULTY
8:00-9:00AM	Registration and Morning Coffee	
9:00-9:05AM	Welcome, Overview, Objective, Takeaway Notes	Mohammed Abdulmohsen
9:05-9:25AM	Applied Nasal Anatomy and Nasal Physiology	Mohammed Abdulmohsen
9:25-9:45AM	Pre-operative Considerations and Assessment	Ayman Jaber
9:45-9:55AM	Interactive Discussion	
9:55-10:15AM	Simplifying Open Rhinoplasty	Amir Mrad
10:15-10:45AM	Basics Of Structural Rhinoplasty Surgery (Step by Step video presentation)	Mohammed Abdulmohsen
10:45-10:55AM	Interactive Discussion	
10:55-11:15AM	Different types of Nasal Osteotomies: Theory and Practical Guide from Basics to Advanced Technology	Mohammed Amin
11:15-11:25AM	Interactive Discussion	
11:25-12:40AM	Hands-On(on artificial skulls) Performing different types of osteotomies by Piezo (ultrasonic technology) under faculty supervision	All Faculty



# MEPRAS

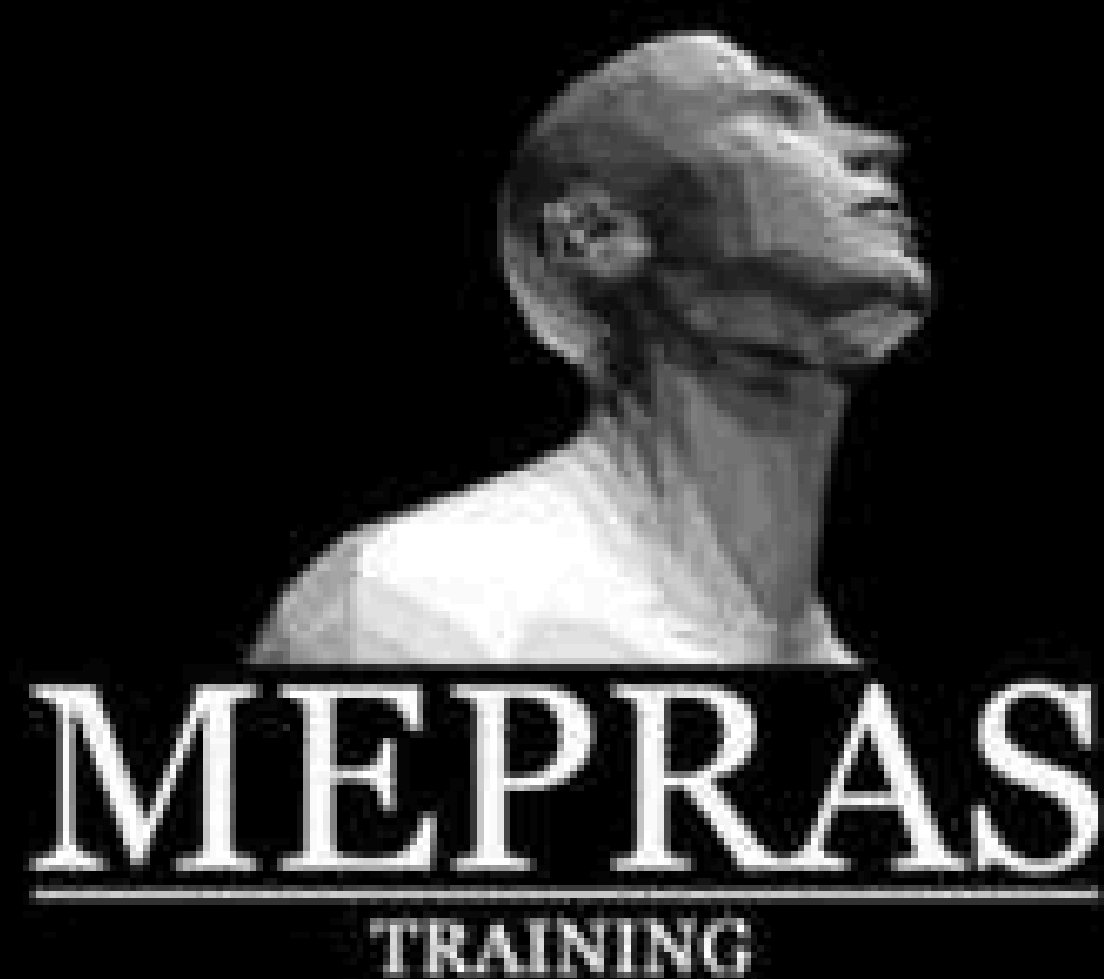
MIDDLE EAST PLASTIC, RECONSTRUCTIVE &  
AESTHETIC SURGERY TRAINING  
CONGRESS



TIME	PROGRAM	FACULTY
12:45-1:30PM	COFFEE BREAK 	
1:30-1:45PM	TIP RHINOPLASTY SUTURING TECHNIQUES FOR OPTIMUM TIP DEFINITION	Khaled Sami
1:45-2:00PM	CARTILAGE GRAFTS USED IN RHINOPLASTY	Ayman Jaber
2:00-2:15PM	MANAGEMENT OF THICK SKIN IN RHINOPLASTY	Mohamed Abdulkader
2:15-2:30PM	DEVIATED NOSE: FULL MANAGEMENT GUIDE	Ayman Jaber
2:30-2:40PM	INTERACTIVE DISCUSSION	
2:40-3:40PM	<p>Hands-On(Devitalised Animal Heads) Video Demonstration 1 </p> <p>Skeletonization Dissection of cartilaginous septum Reduction of cartilaginous hump Trimming of caudal septum Medial osteotomy osteotome Harvesting of septal cartilage leaving</p>	<p>AYMAN JABER</p> <p>HANDS-ON UNDER SUPERVISION OF FACULTY</p>
3:40-4:40PM	<p>Video Demonstration 2 </p> <p>External lateral osteotomy Carving of different cartilage grafts Application of columellar strut &amp; spreader Tip suturing + grafts</p>	<p>MOHAMMED ABDULMOHSEN</p> <p>HANDS-ON UNDER SUPERVISION OF FACULTY</p>
4:40-4:55PM	Round Table/ Panel Discussion/ Case Presentation	
4:55-5:00PM	Closing/Feedback and Certificates	
5:00PM	LUNCH 	

 Live surgery will be followed on 23rd of may  
At Ain Shams University Specialized Hospital





# HIGH DEFINITION LIPOSCULPTURE MASTERCLASS

**ENHANCE YOUR EXPERTISE IN HIGH-DEFINITION LIPOSCULPTURE WITH THIS COMPREHENSIVE COURSE, TAILORED FOR ADVANCED TRAINEES AND CONSULTANTS. MASTER REFINED TECHNIQUES WITH A STRONG FOCUS ON PATIENT SAFETY. THIS MASTERCLASS INCLUDES CONDENSED LECTURES AND VIDEO PRESENTATIONS FROM EXPERTS, ALONG WITH INTERACTIVE DISCUSSION GROUPS.**



## **Level Of Difficulty:**

Advanced  
Professional

## **Target Audience:**

Advanced & Professional Surgeons



## HIGH DEFINITION LIPOSCULPTURE MASTERCLASS

<sup>st</sup>  
**DAY 1 21 OF MAY**

### DESCRIPTION

Mastering Precision, Safety, and Aesthetics

Elevate your expertise in the art and science of High Definition Liposculpture with our comprehensive course, designed for advanced plastic surgery trainees and consultants who seek to refine their skills and stay at the forefront of aesthetic surgery. This program combines cutting-edge techniques with an unwavering emphasis on patient safety, providing you with a thorough understanding of the procedure from start to finish.

### MODERATOR

Ahmed Taalab

### FACULTY

Abdulrahman Abdalla

Ahmed Ali Taha

Ahmed Taalab

Hossam Tahseen

Huseyin Kandulu

Heba El Kassas



# MEPRAS

MIDDLE EAST PLASTIC, RECONSTRUCTIVE &  
AESTHETIC SURGERY TRAINING  
CONGRESS



TIME	PROGRAM	FACULTY
8:00-8:50AM	Registration and Welcome Coffee	
8:50-9:00AM	Welcome, Overview, Objective, Takeaway Keys	Ahmed Taalab
9:00-9:15AM	<b>INTRODUCTION TO HDBC</b> Evolution of Techniques Key differences from Traditional Liposuction	Hossam Tahseen
9:15-9:45AM	My Philosophy in HD LipsculptureHarmoni Kinetics Liposculpture™	Huseyin Kandulu
9:45-10:15AM	Male Marking Techniques	Hüseyin Kandulu
10:15-10:45AM	Female Marking Techniques	Hossam Tahseen
10:45-11:15AM	High Definition Body Contouring Surgical Techniques	Ahmed Taalab
11:15-11:35PM	High Definition Body Contouring In Obese Patients • Special Considerations, • Staged Approaches	Hossam Tahseen
11:35-12:05PM	High Definition Body Contouring in • PostMassive Weight Loss • Combining With Body Lifts • Managing Poor Skin Quality	Hossam Tahseen
12:05-12:45PM	Advanced Technologies Masterclass • Vaser 4D • MicroAire vs. Lipomatic • Renuvion • Quantum RF	Huseyin Kandulu Hossam Tahseen Ahmed Taalab



# MEPRAS

MIDDLE EAST PLASTIC, RECONSTRUCTIVE &  
AESTHETIC SURGERY TRAINING  
CONGRESS



## TIME

## PROGRAM

## FACULTY

12:45-1:30PM

COFFEE BREAK



1:30-2:00PM

**Safety Precautions**  
Patient Selection  
Complication Avoidance

Ahmed Taalab

2:00-2:30PM

Basic Ultrasound For Surgeons:  
Scanning Techniques  
Layer Identification

Heba El Kassas

2:30-2:45PM

Ultrasound-Guided Fat Transfer: Precision  
Grafting Techniques

Ahmed Taalab

2:45-3:10PM

Beyond Surgery: Post-Operative Considerations  
● Compression Protocols  
● Lymphatic Management

Ahmed Taha

3:10-3:30PM

Navigating the unexpected: Management  
of complications

Hossam Tahseen

3:30-3:50PM

Lipedema: A Guide for Safe and Effective  
Management

Ahmed Taha

3:50-4:20PM

How to Utilize Your Before and After  
Materials to Build your Personal Branding

Abdulrahman Abdalla

4:20-4:40PM

Round Table/Panel Discussion/ Q&A

All Faculty

4:40-5:00PM

Closing Remarks and Certificates

All Faculty

5:00PM

LUNCH



 **Live surgery will be followed on 23rd of may**  
At Ain Shams University Specialized Hospital



# 22 MAY

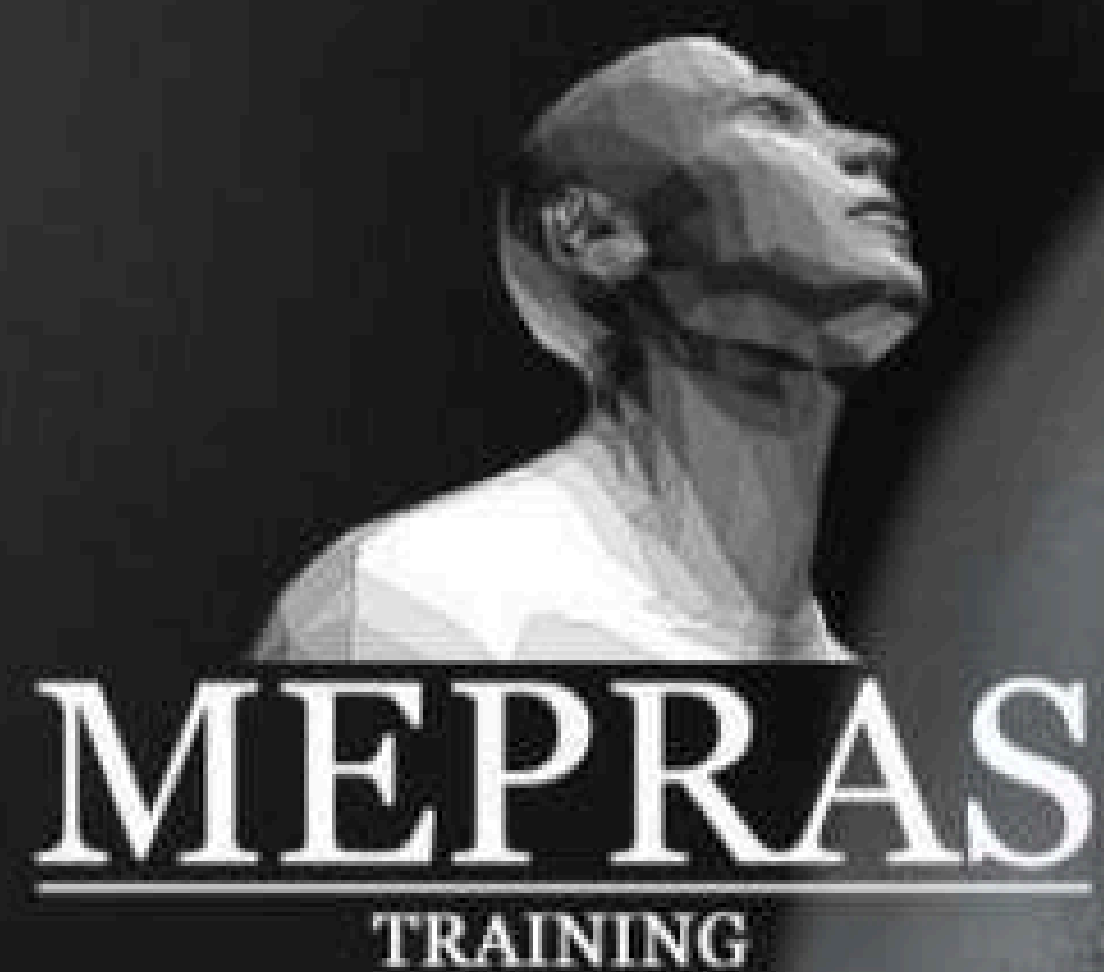
## THURSDAY

### WORKSHOP

- Face Lift Redefined
- Peripheral Nerve Surgery
- Ear Carving
- Fat Transfer
- Hair Restoration

9:00 - 5:00 PM





# FACE LIFT

## REDEFINED

### MASTERCLASS

**CONDENSED LECTURES AND VIDEO PRESENTATIONS FROM EXPERTS, ALONG WITH INTERACTIVE DISCUSSION GROUPS, TO TAKE YOUR DEEP PLANE FACE LIFT SURGERY SKILLS TO THE NEXT LEVEL**



#### **Level Of Difficulty**

Advanced  
Professional

#### **Target participants**

Aspiring plastic surgeons with some experience in face lift Surgery



## **FACELIFT RE DEFINED MASTERCLASS**

**DAY 2 22<sup>Nd</sup> OF MAY**

### **DESCRIPTION**

Condensed lectures and video presentations from experts, along with interactive discussion groups, to take your deep plane face lift surgery skills to the next level  
Target Participants:

### **MODERATOR**

Ahmed Hweidi

### **FACULTY**

Abdelrahman Abdallah  
Adnan Gamal  
Ahmed Hweidi  
Konstantinos Benetatos  
Karim Massoud  
Marc Mani  
Mohamed Mamdouh  
Osama Samargandi  
Sidney Starkman  
Tarek Zahra



# MEPRAS

MIDDLE EAST PLASTIC, RECONSTRUCTIVE &  
AESTHETIC SURGERY TRAINING  
CONGRESS



TIME	PROGRAM	FACULTY
8:00-9:00AM	Registration and Coffee Break	
9:00-9:05AM	Welcome, Overview, Objective, Takeaway Keys	Ahmed Hweidi
9:05-9:20AM	<b>Anatomy and Aging Process</b> Understanding Deep Facial Anatomy Retaining Ligaments, SMAS, and Deep Plane Layers Avoiding Critical Zones	Adnan Gamal
9:20-9:40AM	Shifting my Facelift technique to Deep Plane and Why?	Konstantinos Benetatos
9:40-9:55AM	Principles: Deep Plane Face and Necklift From Basics to Advanced	Mohamed Mamdouh
9:55-10:00AM	Interactive Discussion	
10:00-10:20AM 10:20-10:40AM	<b>Surgical Techniques</b> Marking and Planning ( <b>Live Demo</b> ) Incisions, Skin Undermining SMAS Elevation and Mobilization of Deep Plane Structures Platysma/SMAS Back Cut and Lateral/ Vertical Neck Lift	Ahmed Hweidi
10:40-11:00AM	<b>Managing of Buccal Pad of Fat in Extended Deep Plane Facelift</b> Fat Distribution in the Face Fat Volume changes with Aging The Role of Buccal Fat	Osama Samargandi
11:00-11:15AM	<b>Vectoring Planning for Optimal Results</b> Forehead and Brow Face Neck	Mohammed Mamdouh
11:15-11:20AM	Interactive Discussion	



# MEPRAS

MIDDLE EAST PLASTIC, RECONSTRUCTIVE &  
AESTHETIC SURGERY TRAINING  
CONGRESS



TIME	PROGRAM	FACULTY
11:20-11:35AM	<b>Ancillary Procedure Confined to Deep Plane</b> Forehead and BrowLift (endoscopic)	Karim Massoud
11:35-11:50AM	Endoscopic Lateral Brow/Midface lift	Konstantinos Benetatos
11:50-12:05PM	Forehead and BrowLift(non-endoscopic)	Ahmed Hweidi
12:05-12:20PM	Upper and lower Blepheroptasty	Adnan Gamal
12:20-12:35PM	Lip Lift	Mohammed Mamdouh
12:35-12:45PM	Interactive Discussion	
12:45-1:30PM	COFFEE BREAK 	
1:30-1:50PM	<b>Opening Up the Neck (Deep Neck Sculpting)</b> Anatomy, Principles and Neck Sculpting Toolbox (your guide to achieve QUEEN NEFERTITI NECK TM)	Ahmed Hweidi
1:50-2:10PM	Deep Neck Sculpting (Video Presentation)	Tarek Zahra
2:10-2:25PM	Round Table Discussions on Deep Neck: Pitfalls and Perfection	Moderator: Hweidi All Faculty
2:25-2:45PM	Post -Operative and Complications Post-Op Care, optimizing Recovery Downtime and Expectations Pain, Drains and Garments Prevention and Management of Complications/ Nerve Weakness	Tarek Zahra
2:45-3:00PM	Ear Lobe dilemma: Avoiding and managing complications	Mohamed Mamdouh
3:00-3:20PM	<b>Keynote Lecture:</b> My Approach to Deep Neck Contouring (Virtual)	Sidney Starkman
3:20-3:40PM	Round Table Discussion: Expectations and Managing Complications in Real Life	Moderator: Zahra, Mamdouh All Faculty



# MEPRAS

MIDDLE EAST PLASTIC, RECONSTRUCTIVE &  
AESTHETIC SURGERY TRAINING  
CONGRESS



TIME	PROGRAM	FACULTY
3:40-4:00PM	How to Utilize your Before and After Materials to Build your Personal Branding	Abdelrahman Abdalla
4:00- 4:20PM	<b>Keynote Lecture:</b> Scarless Lift: Leading the Endoscopic Revolution (Virtual)	Marc Mani
4:20-4:55PM	Round Table/ Panel Discussion/ Case Presentation/Problematic Cases	Moderator: Samargandi All Faculty
4:55-5:00PM	Closing and Certificate	
5:00PM	LUNCH 	

 **LIVE** Live surgery will be followed on 23rd of may  
At Ain Shams University Specialized Hospital



# MEPRAS

MIDDLE EAST PLASTIC, RECONSTRUCTIVE &  
AESTHETIC SURGERY TRAINING  
CONGRESS



## 101 PERIPHERAL NERVE SURGERY HANDS ON WORKSHOP

DAY 2 22<sup>Nd</sup> OF MAY

### DESCRIPTION

The success of peripheral nerve surgery relies on several key factors such as the level of trauma, timing of intervention, and, most importantly, the surgical techniques employed. This specialized workshop provides an exceptional learning platform for acquiring the latest knowledge and best practices in peripheral nerve surgery.

Participants will engage in hands-on sessions using animal models, simulating live surgery, and working with microscopes, magnifying loupes, and microsurgery instruments. These tools will help refine essential micro-neural skills in a practical, step-by-step manner.

### MODERATOR

Adel Hussien

### FACULTY

Abeer El Zohairy

Adel Hussien

Ahmed Hweidi

Ahmed Gad

Hossam Fahmy

Mohamed Reda

Mohamed Kotb

Mohamed Osama

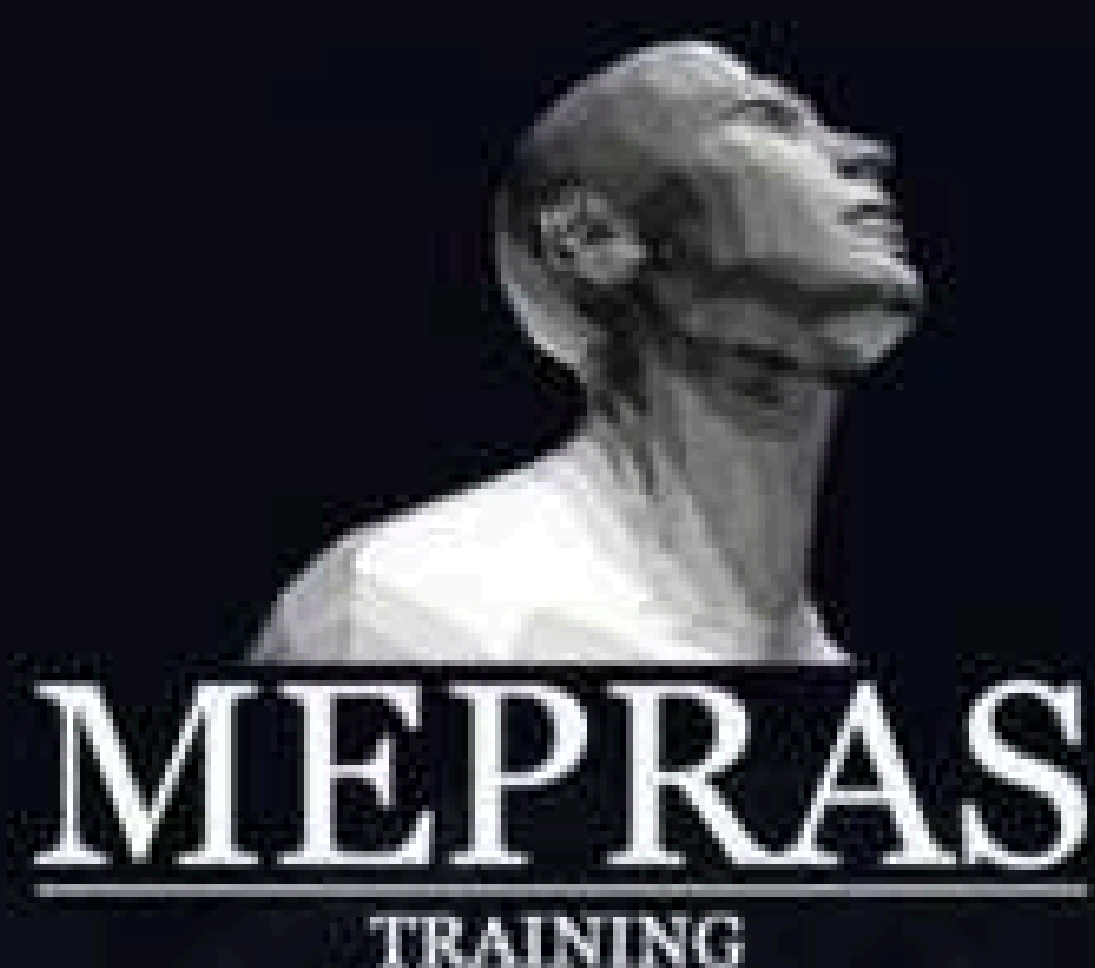
Osama Ayoub

Paul McArthur

Tarek Amer

Tarek El Dahshoury





# 101 PERIPHERAL NERVE SURGERY WORKSHOP

**THIS UNIQUE WORKSHOP PROVIDES AN EXCELLENT VENUE TO ACQUIRE THE CURRENT STATE OF KNOWLEDGE AND STANDARD PRACTICE IN THE FIELD OF PERIPHERAL NERVE SURGERY. IN ADDITION, THE WORKSHOP INCLUDES HAND-ON SESSIONS ON ANIMAL PARTS, SIMULATING LIFE SURGERY USING MICROSCOPES AND MICROSURGERY INSTRUMENTS**

## **TARGET PARTICIPANTS**

- INTERMEDIATE & SENIOR PLASTIC SURGERY TRAINEES
- ASPIRING NEUROSURGEONS
- ORTHOPAEDIC SURGERY TRAINEES
- SPECIALISTS & CONSULTANTS WHO REQUIRE BASIC MICRO-NEURAL SKILLS

## **LEVEL OF DIFFICULTY**

- BEGINNER
- INTERMEDIATE





# MEPRAS

MIDDLE EAST PLASTIC, RECONSTRUCTIVE &  
AESTHETIC SURGERY TRAINING  
CONGRESS




TIME	PROGRAM	FACULTY
8:00-8:45AM	Registration and Welcome Coffee	
9:00-9:05AM	Welcome, Overview, Objective, Takeaway Keys, Microscope Adjustment	Adel Hussien Ahmed Hweidi Ahmed Gad
9:00-9:15AM	Microanatomy and Pathophysiology of Regeneration	Ahmed Gad
9:15-9:30AM	Clinical Evaluation and Follow-Up	Tarek AlDahshoury
9:30-9:45AM	Techniques of Primary Nerve Repair	Adel Hussien
9:45-11:45AM	Hands-On 1: Nerve Exposure and Micro Dissection End to End Nerve Repair	Ahmed Gad Adel Hussien
11:45-12:05PM	Nerve Conduction, EMG and Rehab	Abeer El Zohairy
12:05-12:20PM	Decision Making Timing Choices	Ahmed Hweidi
12:20-12:45PM	Keynote Lecture: Advances in Peripheral Nerve Surgery(UK Experience)	Paul McArthur
12:45-1:30PM	COFFEE BREAK 	
1:30-2:30PM	Hands-On 2: Conventional Nerve Graft	Mohamed Osama
2:30-2:45PM	Facial Palsy (Clinical Application)	Tarek Amer



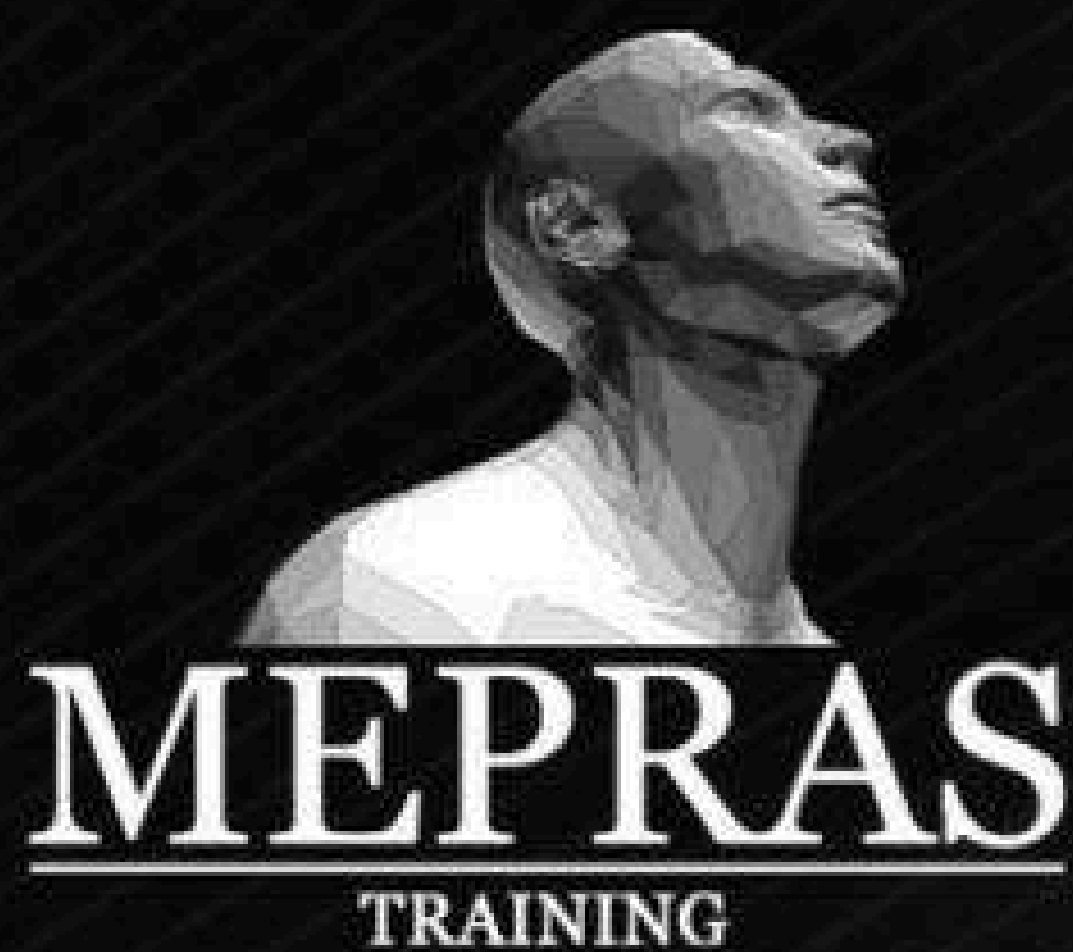
# MEPRAS

MIDDLE EAST PLASTIC, RECONSTRUCTIVE &  
AESTHETIC SURGERY TRAINING  
CONGRESS



TIME	PROGRAM	FACULTY
2:45-3:00PM	Hand Nerve Injuries (Clinical Application)	Adel Hussien
3:00-3:15PM	Cable Nerve Grafts and Intraoperative Nerve Simulation	Ahmed Gad
3:15-3:30PM	Fibrin Glue(Tissue Adhesive)	Hossam Fahmy
3:30-3:50PM 3:50-4:10PM 4:10-4:25PM	Hands-On 3: Preparation of Fibrin Glue Harvesting of Long Nerve Graft Cable Nerve Graft	Ahmed Gad Adel Hussien Mohamed Osama
4:25-4:35PM	Brachial Plexus Injuries (Clinical Application)	Mohamed Reda
4:35-4:45PM	Functioning Muscle Transfer: Practical Application	Mohamed Kotb
4:45-4:55PM	Round Table/Panel Discussion/ Q&A	All Faculty
4:55-5:00PM	Closing Remarks and Certificates	All Faculty
5:00PM	LUNCH 	





# FAT TRANSFER LAB & BEYOND HANDS-ON WORKSHOP

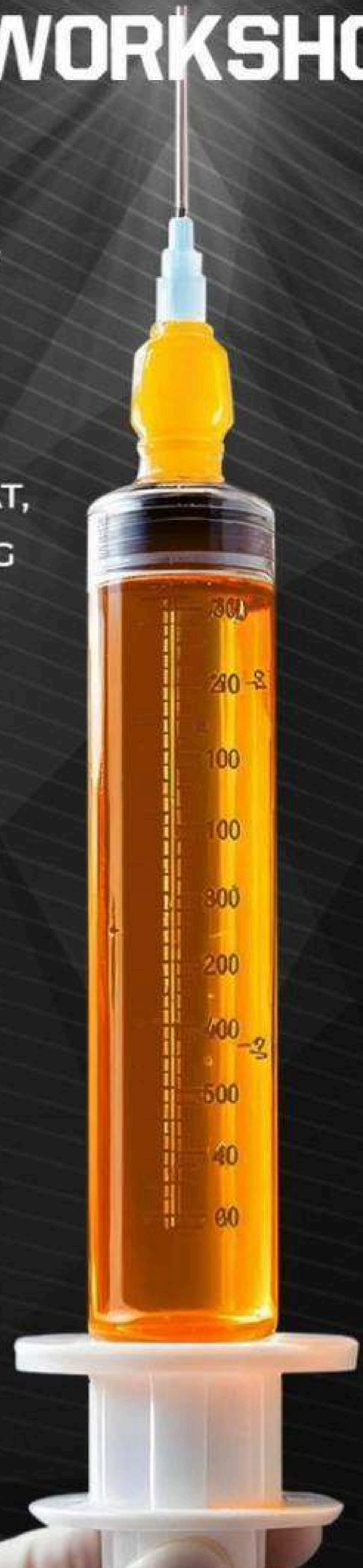
JOIN OUR HANDS ON WORKSHOP  
HIGHLIGHTING THE SKILLS REQUIRED FOR  
SUCCESSFUL FAT TRANSFER, COVERING EVERY  
SINGLE STEP INCLUDING PROPER FAT  
ASPIRATION TECHNIQUES AND IDENTIFYING  
DIFFERENT ASPIRATION SITES. LEARN THE  
PREPARATION OF BOTH MACRO AND NANO FAT,  
ULTRASOUND MAPPING DURING FAT GRAFTING  
AND PRECISE FAT INJECTION METHODS. THE  
COURSE WILL ALSO EXPLORE DIFFERENT  
APPLICATIONS OF FAT TRANSFER IN FACE,  
BREAST AND BODY

## Level Of Difficulty

Beginner | Intermediate

## Target Participants:

- Junior Plastic Surgery Residents
- House officers interested in plastic surgery
- Specialists in Plastic Surgery





## FAT TRANSFER LAB AND BEYOND HANDS ON WORKSHOP

DAY 2 22<sup>Nd</sup> OF MAY

### DESCRIPTION

The surgical candidates are selected in order to provide a comprehensive demonstration of every detail of the surgical techniques

### MODERATOR

ALY HUSSIEN SABER

### FACULTY

Aly Hussien Saber  
Ahmed Ali Hassan  
Ahmed Abdulaziz  
Ahmed Talaab  
Ahmed Ali Taha  
Ahmed Fathi El Belasy  
Hussein Saber Abulhassan  
Khaled Riyad  
Lina Salah  
Mohamed Tarek  
Mohamed Asaad  
Saad Mohamed Saad  
Sherif Wasief



# MEPRAS

MIDDLE EAST PLASTIC, RECONSTRUCTIVE &  
AESTHETIC SURGERY TRAINING  
CONGRESS



## TIME

## PROGRAM

## FACULTY

8:00-9:00AM	Registration and Welcome Coffee	
9:00-9:05AM	Welcome, Overview, Objective, Takeaway Notes	Aly Hussien Saber
	<b>Introduction to Fat</b>	
9:05-9:20AM	Bioscience Site of harvesting / How to collect Types of fat (Micro – Nano) How to prepare Needling and cream	Aly Hussien Saber
9:20-9:30AM	Interactive discussion	
9:30-9:45AM	Testing the viability of the stored fat graft under electron microscope	Saad Mohammed Saad
9:45-9:55AM	Interactive discussion	
9:55-10:10AM	<b>Facial Fat Grafting</b> Difference between filler & fat Sites of injection Threads & fat Microneedling & Nanoneedling + SVF After care	Sherif Wasief
10:10-10:20AM	Interactive Discussion	
10:20-10:35AM	Nanofat In The Eyelids	Khalid Riyad
10:35-10:45AM	Interactive Discussion	



# MEPRAS

MIDDLE EAST PLASTIC, RECONSTRUCTIVE &  
AESTHETIC SURGERY TRAINING  
CONGRESS



TIME	PROGRAM	FACULTY
10:45-11:00AM	<b>Breast Fat Grafting</b> Microfat alone (Single autologous aug) Microfat + implant composite aug . Method of injection After care	Hussien Saber Abulhassan
11:00-11:10AM	Interactive Discussion	
11:10-11:25AM	<b>Gluteal Region</b> Fat alone Fat + Implant Force task Complications Method of injection	Ahmed Ali Hassan
11:25-11:35AM	Interactive Discussion	
11:35-11:50PM	Fat Grafting in Intimate Areas	Lina Salah
11:50-12:00PM	Interactive Discussion	
12:00-12:15PM	U/S guided injection fat Injection	Ahmed Abdulaziz
12:15-12:25PM	Interactive Discussion	
12:25-12:40PM	IntraMuscular Fat grafting for Rectus Muscle RAAFT	Ahmed Taalab
12:40-12:45PM	Interactive Discussion	
12:45-1:30PM	COFFEE BREAK 	
1:30-1:45PM	Intramuscular fat grating for male chest contouring	Ahmed Ali Taha
1:45-1:55PM	Interactive Discussion	



# MEPRAS

MIDDLE EAST PLASTIC, RECONSTRUCTIVE &  
AESTHETIC SURGERY TRAINING  
CONGRESS



## TIME

## PROGRAM

## FACULTY

1:55-2:10PM

Hand & Hair Rejuvenation  
• Implementation  
How to inject

Ali Hussien Saber

2:10-2:20PM

Interactive Discussion

2:20-2:35PM

Fat grafting in Post-traumatic and post-burn scars

Mohamed Tarek

2:35-2:45PM

Interactive Discussion

2:45-3:00PM

Medical Photography of Fat Grafting

Ahmed Fathi El Belasy

3:00-3:15PM

How to market the fat grafting procedure vs the era of filler and Biostimulators, Exosomes and PDRN

Mohamed Asaad

3:15-3:25PM

Interactive Discussion

3:25-4:50PM

- Hands-On
- Candidates 2 on each Station
  - Each Candidate has 500 cc of fat
  - Preparation of Microfat
  - Preparation of Nanofat
  - Preparation of Nanofat Cream
  - How to inject using different Cannulas and gauges
  - Face Model
  - Injection of Microfat and Nanofat in a Face Model

ALL FACULTY

4:50-5:00PM

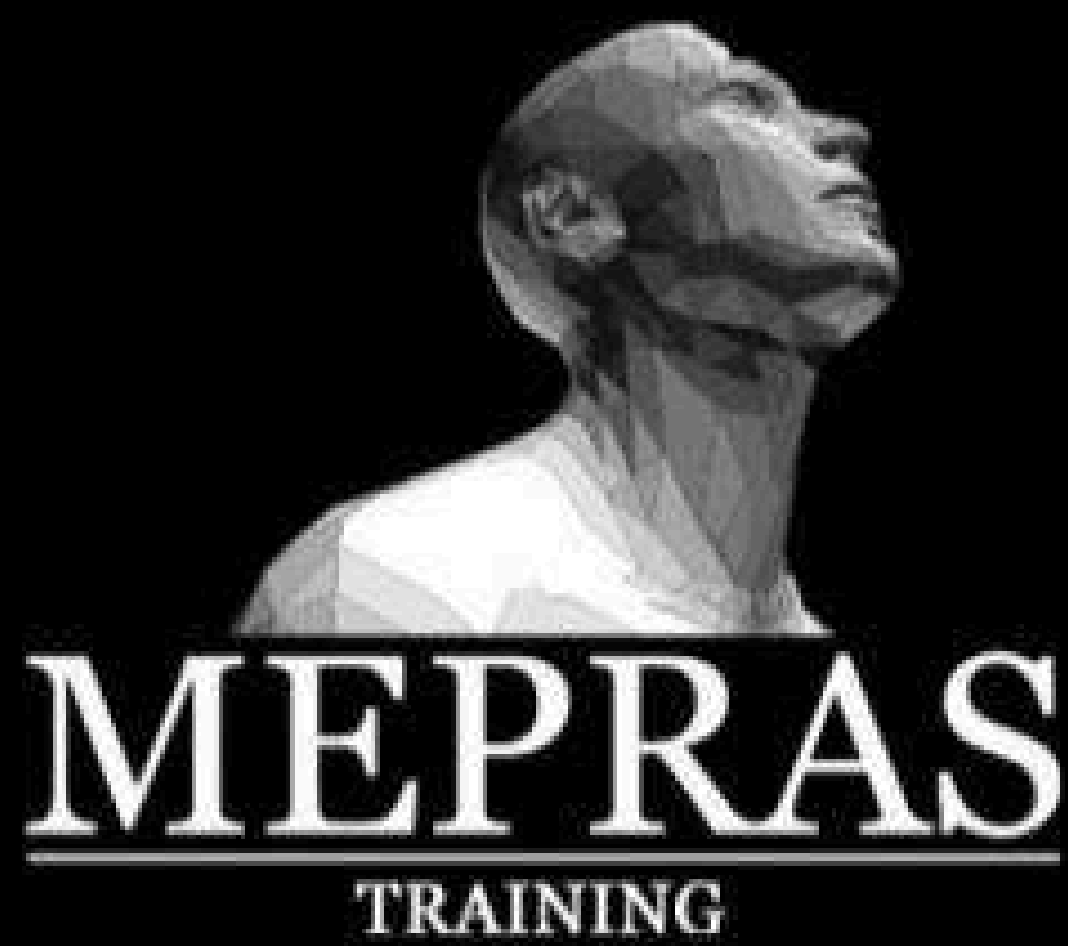
Closing and Certificates

5:00PM

LUNCH





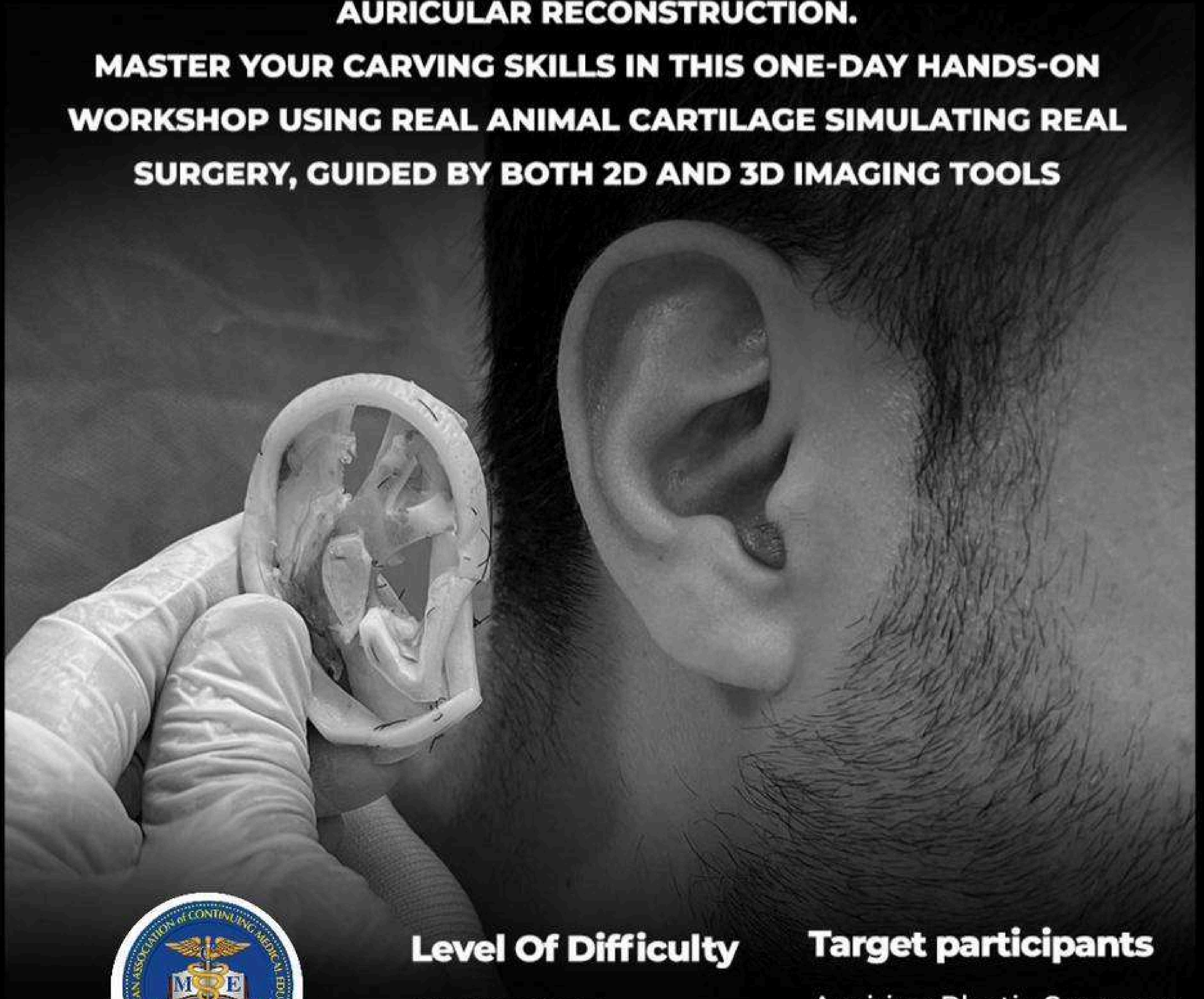


# EAR CARVING

## HANDS-ON WORKSHOP

**CARTILAGE CARVING IS THE MOST CHALLENGING STEP IN  
AURICULAR RECONSTRUCTION.**

**MASTER YOUR CARVING SKILLS IN THIS ONE-DAY HANDS-ON  
WORKSHOP USING REAL ANIMAL CARTILAGE SIMULATING REAL  
SURGERY, GUIDED BY BOTH 2D AND 3D IMAGING TOOLS**



### **Level Of Difficulty**

Intermediate

Advanced

### **Target participants**

Aspiring Plastic Surgeons



## EAR CARVING HANDS ON WORKSHOP

DAY 2 22<sup>Nd</sup> OF MAY

### DESCRIPTION

Cartilage carving is the most challenging step in auricular reconstruction. Master your carving skills in this one-day hands-on workshop using cartilage simulating real animal real surgery, guided by both 2D and 3D imaging tools

### MODERATOR

Ahmed Elshahat

### FACULTY

Ahmed Elshahat  
Ahmed Mazaeed  
Neil Bulstrode  
Riham Lashin



# MEPRAS

MIDDLE EAST PLASTIC, RECONSTRUCTIVE &  
AESTHETIC SURGERY TRAINING  
CONGRESS



TIME	PROGRAM	FACULTY
8:00-8:45AM	Registration and Coffee	
8:45-9:00AM	Welcome, Overview, Objective, Takeaway Keys	Ahmed Elshahat
9:00-9:20AM	<b>Keynote Lecture:</b> Personal Evolution in Auricular Reconstruction from Scratch to Precision <b>(Virtual)</b>	Neil Bulstrode
9:20-9:30AM	<b>Q &amp; A</b>	
9:30-10:00AM	<b>Applied Embryology and Anatomy of Auricle</b> Incidence Classification Timing of intervention Pre-op documentation and investigation How Firmin modified Nagata Technique	Ahmed Mazeed
10:00-10:10AM	Interactive Discussion	
10:10-10:40AM	Constricted Auricles: Classification and algorithm of Management Auricular Reconstruction in Adults	Riham Lashin
10:40-11:00AM	Interactive Discussion	
11:00-12:00AM	<b>How I Do Auricular Reconstruction?</b> <b>(Step by Step Video Demonstration)</b> 3D Printed Modeling Costal Cartilage Harvest Carving and inseting Separation from the Scalp in the 2nd stage	Ahmed Elshahat
12:00-12:45AM	Interactive Discussion/Round Table Discussion Case Presentation	
12:45-1:30PM	COFFEE BREAK 	



# MEPRAS

MIDDLE EAST PLASTIC, RECONSTRUCTIVE &  
AESTHETIC SURGERY TRAINING  
CONGRESS



## TIME

## PROGRAM

## FACULTY

1:30-2:30PM

Hands On Practicing on Bovine Scapular Cartilages  
Using 3D Printed Models

VIDEO DEMONSTRATION 1  
Planning  
Framework Carving

Ahmed Elshahat  
Hands-On Under  
Supervision of  
Faculty

2:30-3:30PM

VIDEO DEMONSTRATION 2  
Concha  
Addition of Antihelix  
Addition of Helix  
Addition of antitragus/tragus/intertragal notch  
Addition of projection Cartilages and refinements

Ahmed Elshahat  
Hands-On Under  
Supervision  
of Faculty

3:30-4:30PM

Round Table Discussion/ Case Presentation/  
Problematic Cases

All Faculty

4:30-5:00PM

Closing/Feedback and Certificates

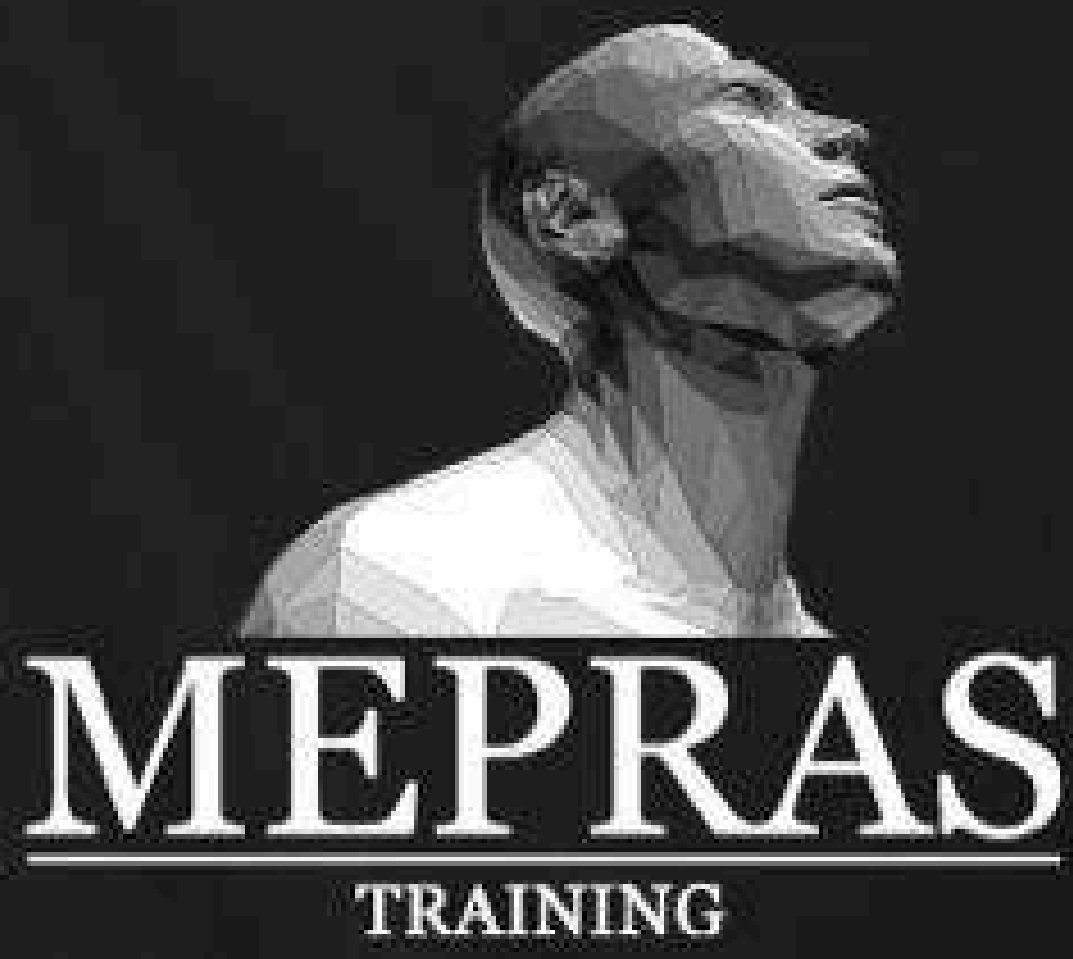
All Faculty

5:00PM

LUNCH







# ARTS OF HAIR RESTORATION

HANDS-ON WORKSHOP



MASTER THE ART OF HAIR RESTORATION IN THIS COMPREHENSIVE COURSE, WHERE YOU'LL LEARN ADVANCED TECHNIQUES TO RESTORE AND ENHANCE NATURAL HAIR GROWTH WITH PRECISION AND SKILL

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## Target participants

Plastic Surgery  
Residents, House officers,  
Specialists & Consultants

## Level Of Difficulty

Beginner- Intermediate  
Advanced- Professional



## ARTS OF HAIR RESTORATION HANDS ON WORKSHOP

DAY 2 22<sup>Nd</sup> OF MAY

### DESCRIPTION

Master the art of hair restoration in this comprehensive course, where you'll learn advanced techniques to restore and enhance natural hair growth with precision and skill.

### MODERATOR

Marwan Noureldin

### FACULTY

Ahmed Adel Noureldin

Haitham Abdelhamid

Marwan Nouredin

Randa Erfan

Sherif Wasief



# MEPRAS

MIDDLE EAST PLASTIC, RECONSTRUCTIVE &  
AESTHETIC SURGERY TRAINING  
CONGRESS



TIME	PROGRAM	FACULTY
8:00-8:50AM	Registration and Welcome Coffee	
8:50-9:00AM	Welcome, Overview, Objective, Takeaway Keys	Marwan NourEldin
9:00-9:25AM	Common Causes of Hair Loss: (When to do and when not to do Surgery?)	Randa Erfan
9:25-9:40AM	Patient Evaluation and Treatment Planning: (General and Local , Donor and Recipient)	Haitham Abdelhamid
9:40-10:10AM	Hands-On 1 How to Evaluate the Donor and Recipient site On a Real Patient	Haitham Abdelhamid Randa Erfan
10:10-10:40AM	Hairline Design Male Female	Sherif Wasief
10:40-11:10AM	Hands-On 2 How to Draw Hairline on a Real Patient ( Male and Female)	Sherif Wasief Marwan NourEldin
11:10-11:30AM	Anesthesia and Emergency Situations ( Toxicity and Allergic Reactions)	Ahmed Adel
11:30-12:05PM	Hands-On 3 Showing on Patient where to give nerve blocks then applying this on the model	Ahmed Adel
12:05-12:45PM	Graft Harvesting( Devices, Technique, Complications)	Marwan NourEldin



# MEPRAS

MIDDLE EAST PLASTIC, RECONSTRUCTIVE &  
AESTHETIC SURGERY TRAINING  
CONGRESS



TIME	PROGRAM	FACULTY
12:45-1:30PM	COFFEE BREAK 	
1:30-2:25PM	Hands-On 4 Graft Harvesting From Foam Sheets on Foam Models.	ALL FACULTY
2:25-2:35PM	Holding Solutions and Graft Handling	Sherif Wasief
2:35-3:05PM	Recipient Site Creation and Implantation	Haitham Abdelhamid
3:05-4:00PM	Hands-On 5 Implanting Artificial Hair on Foam Models	ALL FACULTY
4:00-4:15PM	Post-operative Instructions and Treatment	Randa Erfan
4:15-4:30PM	Potential Post-Operative Complications	Ahmed Adel
4:30-4:45PM	How to Set Up Your Business and Staff Training	Marwan Noureldin
4:45-4:55PM	Round Table/Panel Discussion/ Q&A	All Faculty
4:55-5:00PM	Conclusion and final Remarks /Certificates	All Faculty
5:00PM	LUNCH 	



# MEPRAS

MIDDLE EAST PLASTIC, RECONSTRUCTIVE &  
AESTHETIC SURGERY TRAINING  
CONGRESS



# 23

*FRIDAY MAY*

## LIVE SURGERY

- Perfection in Rhinoplasty
- HD Liposculpture
- Face Lift Redefined

**9:00 - 5:00 PM**



## LIVE SURGERIES

### DAY 3 23<sup>rd</sup> OF MAY

Deep Plane Face, Forehead & Neck Lift + Lower Blepharoplasty  
by Dr. Ahmed S. Hweidi

Endoscopic Lateral Brow + Midface Lift + Upper Blepharoplasty  
by Dr. Konstantinos Benetatos

Harmoni Kinetics Liposculpture  
by Dr. Huseyin kandulu and Dr. Ahmed Taalab

Structural Rhinoplasty  
by Dr. Mohammed Abdelmohsen

## MODERATORS

Ahmed Ali Hassan  
Ahmed Elshahat  
Karim Massoud

## SURGEONS

Ahmed Hweidi  
Ahmed Taalab  
Huseyin kandulu  
Konstantinos Benetatos  
Mohammed Abdelmohsen



# MEPRAS

MIDDLE EAST PLASTIC, RECONSTRUCTIVE &  
AESTHETIC SURGERY TRAINING  
CONGRESS



## TIME

## SURGERY

## SURGEON

8:00-5:00PM

### Deep Plane Face, Forehead, and Neck Lift + Lower Blepheroptasty

Holistic approach for the neck, face, Eyelid, Forehead to achieve Queen Nefertiti Neck using the safe Radiofrequency waves **Soniquence** device. It is an energy-based Radiofrequency device used instead of electrocautery to avoid collateral damage to delicate structures)

Ahmed Hweidi

8:00-5:00PM

### Endoscopic Lateral Brow+Midface Lift + Upper Blepheroptasty

(designed to restore a scarless youthful, refreshed look. By lifting the brow and midface through tiny hidden incisions, it smooths fine lines, repositions sagging tissues, and enhances facial contours—all without visible scars)

Konstantinos Benetatos

Following the intensive Facelift Masterclass, participants will have the unique opportunity to witness a live surgery session where the latest facial rejuvenation techniques will be demonstrated in real time. The session will offer an in-depth look at the artistry and precision behind modern facelift procedures, with expert commentary explaining each step to achieve natural, harmonious results. It will be a true bridge from theory to practice, bringing advanced knowledge to life

8:00-5:00PM

### Harmoni Kinetics Liposculpture

(The high Technology **VASER**: Vibration Amplication of Sound Energy at Resonance as well as the **LIPOMATIC** devices will be utilised during the surgery)

Huseyin Kandulu  
Ahmed Taalab

Following the intensive HD Liposculpture Masterclass, participants will have the unique opportunity to witness a live surgery session where the latest techniques will be applied in real time. The session will offer an in-depth look at the artistry and precision behind dynamic body contouring, with expert commentary explaining each step to achieve natural, high-definition results . It will be a true bridge from theory to practice, bringing advanced knowledge to life



# MEPRAS

MIDDLE EAST PLASTIC, RECONSTRUCTIVE &  
AESTHETIC SURGERY TRAINING  
CONGRESS



## TIME

## SURGERY

## SURGEON

8:00-5:00PM

### Structural Rhinoplasty

Mohammed Abdulmohsen

(The Piezo Technology by WoodPecker will be utilised during the surgery)

Following the hands-on rhinoplasty training session, participants will have the exclusive opportunity to observe a live rhinoplasty surgery performed by one of our expert faculty members . The procedure will showcase key techniques in both Aesthetic and Functional nasal surgery, with a focus on real-time problem solving, intraoperative strategy, and precision in execution. Attendees will gain invaluable insights into operative planning, and placement, tip refinement, and postoperative considerations.





# MEPRAS

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## TRAINING







 [admin@mepras.com](mailto:admin@mepras.com)

 [www.mepras.com](http://www.mepras.com)

 +20 112 233 1140

 **Head Office:** 40 Ahmed Fakhry St. 1st floor-Nasr City – Cairo-Egypt.

 02 23546140 – 02 23547141  [echoseggy.com](http://echoseggy.com)   [@echos.organizing](https://www.instagram.com/echos.organizing)