



Thursday, 22<sup>nd</sup> of May  
Triumph Luxury Hotel

## **FACELIFT RE-DEFINED MASTERCLASS**

Your guide to Deep Plane

### **Moderator**

- Ahmed Hweidi

### **Faculty**

(according to alphabetical order)

- Abdelrhham Abdalla
- Adnan Gamal
- Ahmed Hweidi
- konstantinos Benetatos
- Karim Massoud
- Marc Mani
- Mohamed Mamdouh
- Osama Samargandi
- Sidney Starkman
- Tarek Zahra

Time	Program	Faculty
<u>Day 1 (22nd of May)</u>		
8:00-9:00AM	<b><u>Registration and Coffee Break</u></b>	
9:00-9:05AM	<b><u>Welcome, Overview, Objective, Takeaway Keys</u></b>	Ahmed Hweidi
9:05-9:20AM	<b><u>Anatomy and Aging Process</u></b> <ul style="list-style-type: none"> <li>• Understanding Deep Facial Anatomy</li> <li>• Retaining Ligaments, SMAS, and Deep Plane Layers</li> <li>• Avoiding Critical Zones</li> </ul>	Adnan Gamal
9:20-9:40AM	<b><u>Shifting my Facelift technique to Deep Plane and Why?</u></b>	Konstantinos Benetatos
9:40-9:55AM	<b><u>Principles: Deep Plane Face and Necklift From Basics to Advanced</u></b>	Mohamed Mamdouh
9:55-10:00AM	<b><u>Interactive Discussion</u></b>	

10:00-10:20AM	<p><b><u>Surgical Techniques</u></b></p> <ul style="list-style-type: none"> <li>• Marking and Planning (<b>Live Demo</b>)</li> <li>• Incisions, Skin Undermining</li> <li>• SMAS Elevation and Mobilization of Deep Plane Structures</li> <li>• Platysma/SMAS Back Cut and Lateral/ Vertical Neck Lift</li> </ul>	Ahmed Hweidi
10:20-10:40AM		
10:40-11:00AM		
11:00-11:15AM		
11:15-11:20AM	<p><b><u>Managing of Buccal Pad of Fat in Extended Deep Plane Facelift</u></b></p> <ul style="list-style-type: none"> <li>• Fat Distribution in the Face</li> <li>• Fat Volume changes with Aging</li> <li>• The Role of Buccal Fat</li> </ul> <p><b><u>Vectoring Planning for Optimal Results</u></b></p> <ul style="list-style-type: none"> <li>• Forehead and Brow</li> <li>• Face</li> <li>• Neck</li> </ul> <p><b><u>Interactive Discussion</u></b></p>	Osama Samargandi
11:20-11:35AM	<p><b><u>Ancillary Procedure Confined to Deep Plane</u></b></p> <ul style="list-style-type: none"> <li>• Forehead and BrowLift (endoscopic)</li> <li>• Endoscopic Lateral Brow/Midface lift</li> <li>• Forehead and BrowLift(non-endoscopic)</li> <li>• Upper and lower Blepheroptasty</li> </ul>	Karim Massoud
11:35-11:50AM		Konstantinos Benetatos
11:50-12:05PM		Ahmed Hweidi
12:05-12:20PM		Adnan Gamal

12:20-12:35PM	<ul style="list-style-type: none"> <li>Lip Lift</li> </ul>	Mohammed Mamdouh
12:35-12:45PM	<u>Interactive Discussion</u>	
12:45-1:30PM	<b><u>Coffee Break</u></b>	
12:45-1:05PM	<u>Opening Up the Neck (Deep Neck Sculpting)</u> <ul style="list-style-type: none"> <li>Anatomy, Principles and Neck Sculpting Toolbox (your guide to achieve QUEEN NEFERTITI NECK™)</li> </ul>	Ahmed Hweidi
1:05-1:25PM	<ul style="list-style-type: none"> <li>Deep Neck Sculpting (<b>Video Presentation</b>)</li> </ul>	Tarek Zahra
1:25-2:00PM	<u>Round Table Discussions on Deep Neck: Pitfalls and Perfection</u>	Moderator: Hweidi All Faculty
2:00-2:20PM	<u>Post -Operative and Complications</u> <ul style="list-style-type: none"> <li>Post-Op Care, optimizing Recovery Downtime and Expectations</li> <li>Pain, Drains and Garments</li> <li>Prevention and Management of Complications/ Nerve Weakness</li> </ul>	Tarek Zahra

2:20-2:35PM	<b><u>Ear Lobe dilemma: Avoiding and managing complications</u></b>	Mohamed Mamdouh
2:35-3:00PM	<b><u>Round Table Discussion: Expectations and Managing Complications in Real Life</u></b>	Moderator: Zahra, Mamdouh All Faculty
3:00-3:30PM	<b><u>Keynote Lecture:</u></b> <i>My Approach to Deep Neck Contouring</i>	Sidney Starkman
3:30-3:50PM	<b><u>How to Utilize your Before and After Materials to Build your Personal Branding</u></b>	Abdelrahman Abdalla
3:50- 4:20PM	<b><u>Keynote Lecture:</u></b> <i>Scarless Lift: Leading the Endoscopic Revolution</i>	Marc Mani
4:20-4:50PM	<b><u>Round Table/ Panel Discussion/ Case Presentation/Problematic Cases</u></b>	Moderator: Samargandi All Faculty
4:50-5:00PM	<b><u>Closing and Certificate</u></b>	
5:00 PM	<b><u>Lunch</u></b>	

**Day 2 (23rd of May)**

**Live Surgeries (Ain Shams Specialized Hospital)**

8:30-5:00PM

- Deep Plane Face, Forehead, and Neck Lift + Lower Blepheroptasty

Ahmed Hweidi

8:30-5:00PM

- Endoscopic Lateral Brow+Midface Lift + Upper Blepheroptasty

Konstantinos Benetatos

*Following the intensive Facelift Masterclass, participants will have the unique opportunity to witness a live surgery session where the latest facial rejuvenation techniques will be demonstrated in real time.*

*The session will offer an in-depth look at the artistry and precision behind modern facelift procedures, with expert commentary explaining each step to achieve natural, harmonious results.*

*It will be a true bridge from theory to practice, bringing advanced knowledge to life.*